## **SERVICES**

**Reiki & Energy Healing** Hands-on healing to restore balance and promote relaxation. conveniently offered in-person, remotely, or at your location.

#### Sound Healing

Relax and rejuvenate with sound baths at homes, businesses, or events.

Meditation & Breathwork Guided sessions to support mindfulness, inner peace, and stress release.

**Books & Online Courses** Explore the Nat'l Bestselling Wild Moon Healing book series, loved in 25+ countries, and self-paced courses for personal growth.

#### Coaching

Personalized coaching for individuals or groups to support selfawareness and growth.

#### Sacred Space Clearing

Energetic cleansing for homes, businesses, land, boats, or personal items.

Workshops & Speaking Book inspiring and transformative workshops, classes, or speaking engagements tailored to your needs.



## CONTACT ME

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# WILD MOON HEALERS



## ABOUT WHAT I DO



My services are designed to empower you. By blending energy work, mindfulness practices, and personal coaching, I guide individuals on a journey of selfdiscovery and growth.

Through modalities like Reiki, sound healing, meditation, and breathwork, I help you clear energetic blocks, find balance, and step into your full potential.

Whether through coaching sessions, online courses, or the Wild Moon Healing book series, my mission is to provide you with the tools and insights you need to create a life you love. Together, we'll cultivate self-awareness, align with your inner truth, and awaken your ability to thrive.

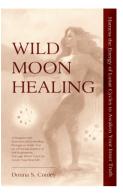
## ABOUT DONNA

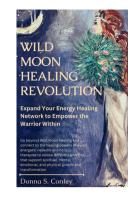


I'm a passionate advocate for mental health and personal transformation. As a national bestselling author and USUI Holy Fire Reiki Master, I bring a wealth of expertise to every session. I am also a certified meditation teacher, sound healer, and Duke Health & Well-Being Coach.

What truly sets me apart is my integration of lunar cycles into the healing process. By aligning with the rhythms of the moon, we tap into a powerful framework for reflection, release, and renewal, guiding you to live a more intentional and fulfilling life.

#### ABOUT THE PROGRAM





You have the power to create your best life, experience true happiness, and pursue your passions without guilt or hesitation. The Wild Moon Healing book series and online courses guide you in aligning with the energy of the lunar cycles to awaken your inner truth and make life decisions that truly serve your highest good.

Moon work is energy work. I designed our books and courses to elevate your vibration and help you navigate life within the energetic network that unites us all. Through the Wild Moon Healing program, you'll learn to embrace self-love, appreciate the person you see in the mirror, and radiate confidence as you become your own favorite person.

Let the Wild Moon Healing series inspire your journey to transformation, one lunar cycle at a time.