

CLEARING & CLEANSING

What comes to mind when you think of a sacred space? What do you imagine doing in that space? What is its purpose? The notion of "sacred space" will take on a different meaning for each person. A sacred place is first of all a defined place, distinguished from other spaces that offer you solace: body, mind, and spirit.

Robin Fortune and Donna Conley offer clearing and cleansing services for spaces. These services can include homes, furniture, knickknacks, other items inside your space, land and property, rental homes, and offices.

We believe that everything around us is energy. Even our emotions, good and bad moods, addictions, stresses, worries, words, thoughts, illnesses, and even items we bring into our homes and things we watch and listen to all create *energy*. Home should be a safe and sacred sanctuary where our mind, body, and spirit find peace and rejuvenation from the outside world.

Often, our homes build up with negative energy not only from what we bring into the space but also from what previous owners left there as negative imprints or even negative entities that have taken up residence in the space and imprinted into the very fabric of our space. Negative energy upsets the balance and harmony in our lives and the spaces we live or work in.

This concept is similar to how our bodies store energy in every tissue and fascia, creating physical sensations, disease, and even a full-blown disease. Keeping our spaces cleansed of this build-up of negative energy is just as important as any mundane housekeeping that is done regularly, as is being aware of the things we put in and on our bodies.

Sometimes, you may need expert help as you cannot handle the deeper cleansing necessary for your space. In particular, you may want to seek out Robin and Donna if you have been having issues with negative entities, heavy emotional circumstances that have created thick negative energy, or even a significant sickness or illness in the home that lingers. Perhaps you've cleansed several times and still feel that "stuck" energy.

This "stuck" energy is absorbed into your space until it is released. Negative energies or entities cling to areas such as corners, under beds, in closets, and areas of clutter. In particular, shadow people—those dark, human-like shapes we often see from the corner of our eyes—LOVE cluttered areas. Negative or dark energy could have been absorbed into the walls of your home, the furniture, or even objects sitting in your home.



To Schedule an Appointment

Email us at <u>SacredSpacesRD@gmail.com</u> and provide us with the following basic information:

- First and Last Name
- Contact Phone Number
- Full Address
- How many years have you been in the space in question?
- How many people live there (including children, renters, and pets)?
- Why do you wish for a space cleansing & clearing? Are there specific events that led you to this?
- On a scale from 1-5 (5 being highest and one being lowest), how urgent is your need for a space cleansing?

Follow us on Instagram: <u>https://www.instagram.com/sacredspaces_rd/</u>

Websites: <u>https://www.wildmoonhealers.com/sacredspaces</u> <u>https://www.yourdeclutterdiva.com/sacred-spaces</u>

WHEN SHOULD YOU CLEAR & CLEANSE YOUR SPACE?

- Anytime you move into a new space, such as a new home or office.
- When someone moves out of or into your home.
- After a large clutter purge.
- After a visit from anyone who brings negative energy or heavy energy.
- After an argument.
- After a divorce or break-up.
- After an illness or death.
- When you constantly feel drained when you are at home or work.
- Whenever you bring an antique or second-hand item into your space.
- If you are starting a new project.
- After any significant life transition, such as a job change.
- Transitioning from abusive or co-dependent relationships.
- If you often work with energetically "draining" clients or people.
- If you feel chaos or turmoil in the area or any area of your life.

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- If you notice shadow people out of the corner of your eyes.
- If you feel like there are negative entities in your home.
- If your space feels uncomfortable, dark, heavy, negative, or closed-in.
- You feel like you or those on your land or property have unusually bad luck.
- If you have been trying to sell your property, it just won't "move."
- If you are a realtor and wish to clear the energy of the space for new owners.
- If you rent a space to a new occupant and wish to clear the previous occupant's energy.
- You had to fire an employee, and there's still heavy negative energy in the workplace.
- If your business is experiencing a decline in revenue or productivity.

The first step in clearing negative energies from your space is to clear up the clutter. Clearing out your home immediately changes the energy in your space. If you have piles of magazines or books, things sitting here and there in corners you never use, or just a lot of things you don't need, then it's time to either donate items or throw them in the trash.

Please clear up as much clutter in your home as possible BEFORE Robin, Donna, and their team (if applicable) visit. This includes washing the dishes in the sink, picking up trash, and making sure all closets are accessible, as these are particular areas that will need cleansing. In some cases, we may even wish to cleanse your attic.

What about ghosts?

Many have come to us concerning ghosts or negative entities in their home. A ghost is someone who lived on the earth, but when their body died their spirit remained or was bound to the earth, hence the term earthbound spirit. They are associated with a particular location or thing rather than person, so they cannot follow you when you leave.

Robin and Donna are both empathic and intuitive in their own ways and often can feel or experience the presence of ghosts and other negative entities. In some cases, clients do not wish ghosts to be banished entirely from their space, merely contained in certain areas, which is often possible. Everything is energy, including the imprint of those that were once alive, and we believe that if you do not care for your "unwanted guests" to reside with you, it may be possible to remove them altogether. Often, this could mean maintenance work on your part, especially for very stubborn, deep imprints that have been there for long periods.



Provided for Clearing & Cleansings:

- Clearing of all unwanted/negative energies from your work/living space
- Cleansing of energies/entities present, if at all possible
- Affirmation and reaffirmation of the intent or purpose of the space
- Blessing of the space and persons occupying it
- Energetic alignment of the space to serve you at an optimal level
- We will do everything in our power to clear your space of unwanted or negative energies, imprints, and entities, including a follow-up visit if needed.
- We may bring 1 or more team members to assist her in clearings & cleansings.
- We bring tools (bowls, oils, candles, sprays, etc.) based on the information you provide in the questionnaire.

Your Preparation Before Our Visit

- Get rid of any clutter you can before the visit.
- Ensure we can open closet doors and pull out anything beneath beds for easy access. We may have to move things while working on your space.
- We will instruct on what doors and windows to open during the cleansing. We will tell you when you can close them. Even if it is winter.
- Please be on the property when we visit, but you do not need to accompany us or participate in the process; in fact, it's preferable that you allow us to work on our own. If you wish, you may wait outside, in another room, or leave the property for a couple of hours.
- Please do not plan on being on the telephone in the vicinity, watching television, or creating a lot of noise while we work. Cleansing spaces is a meditative process, and we need to be able to concentrate.

BE AWARE...

Negative entities know when you have decided you no longer will tolerate their presence, and it is not uncommon for activity to increase once you've booked an appointment with us. In fact, in some cases, their reach extends to us and our team in an attempt to discourage the cleansing from happening. **Talk to us if you need any suggestions on how to handle this.**